

THE INFLUENCE OF HEALTH SERVICES AND COUNSELING SERVICES ON THE MORALITY OF INMATES IN CLASS II B PANYABUNGAN CORRECTIONAL INSTITUTIONS

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ABSTRACT

This research approach uses a quantitative approach because it uses numbers, starting from data collection, data interpretation, and display of results. The population in this study were inmates at the Class II B Panyabungan Correctional Institution, Mandailing Natal Regency, there were 136 inmates and the total sample was 41 inmates. in the youth category. The data analysis technique in this research uses Multiple Linear Regression, Classical Assumption Test, t-test and F-test, as well as the coefficient of determination. Partially, health services have a significant effect on the morality of inmates and counseling services have a significant effect on the morality of inmates at the Class II B Panyabungan Correctional Institution. Simultaneously, health services and counseling services have a significant effect on the morality of the inmates of the Panyabungan Class II B Penitentiary.

Keywords: Counseling Services, Health Services, Morality.

INTRODUCTION

Correctional institutions are technical implementation units under the Directorate General of Corrections, Ministry of Law and Human Rights. The concept of correctional institutions is to provide guidance to correctional inmates to gain knowledge so that they are ready when they leave the correctional institution. The direction of development in correctional institutions begins with improving the morals of inmates, because if someone has good morals it will prevent someone from committing evil acts. According to Novianto, Rachman, and Redjeki (2019:58), morals are generally accepted opinions that become the guideline of a society regarding whether human behavior is good or bad. People are said to be moral if they do something good in accordance with the norms that apply in society. In this research, the focus is on correctional inmates, in reality correctional inmates are said to be immoral because they commit immoral acts, namely violating legal norms. So that correctional inmates need guidance to improve their morals so that they do not commit criminal acts again (recidivist). Moral development for correctional inmates aims to re-establish the inmates' self-esteem and self-confidence as well as being optimistic. Factors that can influence the morale of inmates are providing health services and counseling guidance so that they feel that after receiving health services and counseling guidance they will regain their worth. self and confidence. Health is a human right that must be realized in

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accordance with the ideals of the Indonesian nation and is one of the factors in getting a strong generation of the nation. Increasing awareness, ability and willingness to live healthily for the community can be realized by carrying out health efforts so that the optimal level of health for inmates in correctional institutions is achieved.

In this research, the focus is on correctional inmates, in reality correctional inmates are said to be immoral because they commit immoral acts, namely violating legal norms. So that correctional inmates need guidance to improve their morals so that they do not commit criminal acts again. People are said to be moral if they do something good in accordance with the norms that apply in society. Moral development for correctional inmates aims to re-establish the inmates' self-esteem and self-confidence as well as being optimistic about their future. The Class II B Panyabungan Correctional Institution has the function of providing guidance to prisoners/students, providing guidance, preparing facilities and managing work results, providing social/spiritual guidance for prisoners/students, maintaining the security and order of the correctional institution. Apart from that, the task of correctional institutions is to carry out moral development activities for correctional inmates based on the correctional system. Facts on the ground show that the problems that exist in the Panyabungan Class II B correctional institution can be seen that there is overcapacity. With a capacity of 150 and there are 221 correctional inmates, there is an over capacity of 71, this problem will have an impact on the health services received by correctional inmates, namely not running well. Apart from that, the number of officers being insufficient compared to the number of inmates will result in health services not being well controlled. When inmates are about to participate in health services, sometimes there are inmates who are reluctant to participate, this will make the officers extra extra in terms of supervision and inviting correctional inmates. to always follow health services so that the health of Winaan residents can be well controlled. Judging from the problems above, it indicates that the inmates in the Class II B Panyabungan penitentiary have poor morals, even though they are serving their sentences, there are also inmates who are reluctant and lazy about attending health services. Another problem is the lack of officers to serve inmates, this will make it more difficult to change the attitudes of correctional inmates, therefore there is a great need for moral development for inmates. This is what needs to be improved in coaching in correctional institutions so that inmates have good attitudes, mental and moral awareness. With the number of inmates exceeding the limit and only having a small number of employees, it is a challenge in itself to be able to develop inmates so that after leaving prison the inmates can live a better life. One of the efforts to protect human rights is to provide appropriate health services and guidance to correctional inmates because this is a human right that must be realized in accordance with the ideals of the Indonesian nation and is one of the factors in getting a strong generation of the nation.

The results of research conducted by Nurilhana (2020) stated that the morality of inmates can be influenced by health services which are the rights of inmates at the Class II A Sungguminasa Narcotics Correctional Institution, Gowa Regency. Increasing awareness, ability and willingness to live healthily for the assisted community can be realized by implementing health service efforts so that the efforts made can increase the morality of the assisted community. Development in prisons begins with improving the morals of inmates, in this case moral development for correctional inmates aims to re-establish self-confidence

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and to make people law-abiding. Coaching and guidance for correctional inmates aims to shape the whole person so that they are able to improve attitudes and behavior, increase the quality of devotion to God Almighty, skills, and physical and spiritual health. Everyone has the right to health (Article 4 of Law No. 36 of 2009 concerning Health). This shows that everyone, regardless of race, religion, political beliefs and economy, is given the right to health services, including correctional inmates who are serving their sentences in correctional institutions or detention centers. According to Dirdjosisworo (2019:84), prisoners who carry out the coaching program must be in good health. After serving their sentence, prisoners will return to live in society and experience changes in behavior or remain in their existing behavior. One of the efforts made to increase the self-control of prisoners who will be released is by providing individual counseling services with a realistic approach to prisoners who will be released. Counseling is an intervention process that helps individuals to increase their understanding of themselves and their relationships with other people. Counseling can be done individually or in groups. In individual counseling services, counselors provide space and an atmosphere that allows clients to open themselves as transparently as possible. In counseling, it is hoped that the client can change their own attitudes and decisions so that they can better adapt to their environment and provide prosperity to themselves and the surrounding community. Proper selection and adjustment can provide this individual with better development in their environment. An effort that can be made is to carry out reality therapy, namely placing the main importance on the client's role in assessing the quality of his own behavior in determining what helped the failure he experienced. This therapy assumes that change is impossible without looking at behavior and making several provisions regarding its constructive and destructive characteristics. If clients become aware that they will not get what they want and that their behavior is self-destructive, then there is a real possibility for positive change to occur, simply because they determine that alternatives could be better than their current style. unrealistic. So in this study the researchers consider the most appropriate approach to be applied is reality therapy.

To avoid various things or problems that occur in prison, of course counseling services are needed. Currently guidance and counseling is needed by many individuals, counseling guidance not only extends to the scope of education but also outside education. One of the scopes of guidance and counseling outside of education is within the Correctional Institution (Lapas). The results of research conducted by Oktaviani et al (2021) with the research title The Effect of Group Counseling Services on Morality, the results of the research show that Morality after being provided with counseling services has increased on average in the medium, high and very high categories. Apart from that, according to Reza, (2021) the results of his research show that morality in Kepahiang Regency students increases by providing group counseling services. The aim of the existence of correctional institutions is to foster people to fully realize their mistakes, improve themselves, not do things that can be disturbing so that they can be accepted by society again, can play a role as part of development and live independently as human citizens of the prison who obey the rules and regulations. norm. According to Mortensen (2019:64) states that counseling is an interpersonal process in which one person helps another person to improve understanding and problem solving skills. Counseling is thus an offer that helps create conditions for individuals to fulfill the needs of a meaningful life, feel safe, need love and respect, have

self-esteem, make decisions and develop themselves. A counselor is willing to listen to the client's life story, his desires, failures, feelings and tragedies he has experienced in his life, as well as the problems he is facing. Serving a sentence without producing any output will not change the prisoner's life after leaving prison. But equipped with knowledge and skills. After leaving the institution, former prisoners must survive in society by using their skills. Only people who do not obey state law are citizens of correctional institutions. Of course, not only being trained, but serving the sentence. according to Harsono (2019:95) argues that in providing treatment to a prisoner, there needs to be a basis for the correctional system, not only are people protected from repeated cruelty by prisoners, but those who are missing are also protected by providing them with security. Based on the things stated above, the researcher is interested in conducting the research outlined in this study entitled "The Influence of Health Services and Counseling Services on the Morality of Inmates in the Class II B Panyabungan Correctional Institution".

METHOD

The research method is designed through research steps starting from operationalizing variables, determining the type and source of data, data collection methods or surveys, research models ending with designing data analysis and hypothesis testing. This research approach uses a quantitative approach because it uses numbers, starting from data collection, interpretation of the data, and the appearance of the results. And it is described by deduction starting from general theories, then using observations to test the validity of the theory, conclusions are drawn. Then explain it descriptively, because we will direct the results to describe the data obtained and to answer the formulation. In conducting research, a method, method or tactic is needed as the steps that must be taken by a researcher in solving a problem to achieve a goal. The method that the author uses in research is a quantitative descriptive method. According to Sugiyono (2018:15) the meaning of research methods is as follows: "Research methods can be interpreted as a scientific way to obtain valid data with the aim of finding, developing and proving certain knowledge so that in turn it can be used to understand, solve and anticipate problems."

DISCUSSION

The Influence of Health Services on the Morality of Inmates

The resulting calculated t value for the health service variable is 4.359 with a sig of 0.000. Sig analysis results. 0.000 is smaller than 0.05, meaning that individually the health service variable has a significant effect on the morality of inmates at the Class II B Panyabungan Correctional Institution. The purpose of this test is to determine the influence of individual independent variables in explaining variations in the dependent variable. The research results are supported by research by Nurilhana (2020) which states that the morality of inmates can be influenced by health services which are the rights of inmates at the Class II A Sungguminasa Narcotics Correctional Institution, Gowa Regency. The Penitentiary System is a system of treatment of prisoners that adheres to the concept of reforming prison sentences based on Pancasila with humanitarian principles.

The Influence of Counseling Services on the Morality of Inmates

The resulting calculated t value for the counseling service variable is 5.611 with a sig of 0.000. Sig analysis results. 0.000 is smaller than 0.05, meaning that individually the counseling service variable has a significant effect on the morality of inmates at the Class II B Panyabungan Correctional Institution. The purpose of this test is to determine the influence of individual independent variables in explaining variations in the dependent variable. Morality is a quality in human actions that shows whether the action is right or wrong, good or bad. Teenagers will not be said to have good morals if teenagers do not understand morals. Morals can be interpreted as knowledge or insight regarding civilized human character. Morals are closely related to beliefs, good and bad, oneself, and the environment. This explanation means that morals refer to morals that are in accordance with existing rules in society which involve customs in controlling actions or behavior. Adolescents who demonstrate behavior in accordance with applicable norms and values are said to have morality (Reza, 2021: 48).

The Influence of Health Services and Counseling Services on the Morality of Inmates

Based on the table above, the calculated F value is 16,997 with F sig. 0.000 where F sig. 0.000 is smaller than 0.05 then H_0 is rejected. It can be interpreted that simultaneously the variables health services (X1) and counseling services (X2) have a significant influence on the morality of the inmates (Y) at the Class II B Panyabungan Correctional Institution. This test aims to determine the extent to which the independent variables used are able to explain the dependent variable. In this research, health services (X1) and counseling services (X2) are simultaneously related to the dependent variable, namely the morality of the inmates (Y) at the Class II B Panyabungan Correctional Institution. According to Reza (2019: 48) morality is a quality in human actions that shows that actions are right or wrong, good or bad. Morality is determined based on the norms and values that apply. The assessment of good and bad behavior is determined based on the norms and values that are created and apply in relationships between members of society.

CONCLUSION

Health services have a significant effect on the morality of inmates at the Class II B Panyabungan Correctional Institution. Counseling services have a significant effect on the Morality of Inmates at the Class II B Panyabungan Correctional Institution. Health Services and Counseling Services have a significant effect on the Morality of Inmates at the Class II B Panyabungan Correctional Institution.

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