

Multiple Personality Disorder of Characterization Found in the *Split* Movie

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ABSTRACT

This study aims to analyze the psychological conflicts and the types of the personalities in the main character found in *Split* movie. As we know that the character in movie normally has expresses only one personality but in the *Split* Movie consists several characters that called Multiple Personality of characterization. In order to discover the problems of this study, the researcher tried to formulate the problems into two questions. (1) How is the psychological conflict of the main character expressed in *Split* movie, (2) What types of the personalities are found in the main character of *Split* movie. The method of research is qualitative research. To collect the data, the researcher applied an objective approach, and it is used by the note taking. The source of data obtained found in *Split* Movie script which related to the form psychological conflicts and personality types. To analysis the data used in a book *Diagnostic and Statistical Manual of Mental Disorders Edition 5^t*. The findings showed that there were one psychological conflicts found in *Spilt* Movie is internal conflict and it not found External conflict, and there are two types of the personalities types are found namely; Extrovert and Introvert Human Type.

Keywords: *multiple personality disorder, psychological conflicts, personality type*

INTRODUCTION

Literary works are the creation of human inventions not only provide entertainment but also provide value, both the value of beauty and values of life's teachings or morals. Literature is also a form and result of work creative arts whose objects are human beings and their lives, with use language as the medium. Literature is a fictitious world structure, meaning the reality in the work literature is a fictional reality that is not the same as the reality of the real world, the work literature although fictional, but still refers to reality in the world real (Noor, 2009:13). It can be seen into one movie. Movie can bring expression of feeling including experience, idea, motivation, confidence in the concrete description by using personality.

Humans are individuals who are different from other individuals. He has own character, experience, views and feelings that are different from others. However, human life is inseparable from other humans. Meetings between one person and another human being often cause conflict, both conflicts between individuals, groups and group members as well as between group members and other group members. Because it is very complex, humans also often experience conflicts within themselves or inner conflicts as a reaction to social situations in their environment. This research is important; in the world of education we often have a teacher having difficulty identifying the nature of students. Knowing how they learn and interact. And in normal life we are also often faced by humans who have multiple personalities. Seen from mood change and changes in voice intonation towards different people. From the explanation of this attitude it is not impossible that these people were identified as having multiple personality disorders.

The term multiple personality disorder may not be familiar to people who are observers in the field of psychology or for people who like to read thriller-themed books and like to watch films with similar themes. Generally, this term appears and is used on the antagonist who is the main central story. Multiple personality disorders are rarely found, but can be more common than expected. Estimates of cases can increase with increasing cases of violence against children, which the biggest cause of this Multiple Personality Disorder.

The main cause of multiple and persistent Multiple Personality Disorder when a child has a trauma experience in childhood. This trauma is related to emotions, physical, sexual violence and rejection from parents (neglectful parenting), a person forms another identity or personality to decide with a previous personality. There are two major theories regarding Multiple Personality Disorder. One theory assumes that MPD originated in childhood due to severe physical or sexual abuse. The torture resulted in dissociation and the formation of various other personalities as a way to deal with trauma. Indeed, there is empirical evidence that child abuse has to do with the development of dissociative symptoms (Chu et al., 2000). But not everyone experiences torture in his childhood suffering from Multiple Personality Disorder.

However, based on that, the reason the researchers analyzed this movie was because the researcher wanted to know the various personalities, psychology conflicts and causes of Multiple Personality Disorder, and most people didn't know what Double Personality Disorder is. In this research, researchers focus on analyzing multiple Personality Disorders from the main characters in 'Split' Movie and types personalities appeared in the *Split* movie. In this research, the researchers chose the 'Split' Movie because it has a lot of aspects of main character which can be discussed about psychological disorder. There are twenty three characters that come up in the 'Split' Movie referring to their degree of playing role in the movie. The researchers take psychological focus on the topic Multiple Personality Disorder. It has been portrayed in many films over the decades. Multiple Personality Disorder or Dissociative Identity Disorder (DID) is characterized by the presence states that recurrently take control of the individual's behavior, accompanied by the inability to recall important personal information that is too extensive to be explained by ordinary forgetfulness (Verhulst : 2017).

Psychology and Literature

Literary psychology is a multidisciplinary research science. On initially psychology is only the study of psychiatric aspects humans in real or real terms. But along with the development of literary science aspects of psychology affect the author in making a literary work. In terms of psychological and literary links Jatman (in Endraswara, 2003:97) literature and psychology has an indirect link between literature and psychology has the same object which is human life.

Psychology and literature have a functional relationship the same is to study the mental state is the difference between psychology in the real form or real while in literature which is an imaginative form that is a figure form that is a figure from within a literary work. The same thing was said by Ratna (2011:342) psychology of literature understand the psychological aspects of humanity which are the main objects of literary psychology because solely in humans that psychiatric aspects are included and invested.

Based on explanation above, Psychology plays an important role in analyzing a literary work by looking at it from a psychological perspective, both from the perspective of the author, the character or the work itself. Thus, there is an inner conflict in one process of making interesting literary works to be analyzed using the science of psychology, and in the end a new science is born in the form of 'Literary Psychology'. By examining a literary work carried out through a literary psychology approach, it has indirectly involved the science of psychology. So,

basically literary psychology is the analysis of text involving consideration of the relevance and also the role of psychological studies.

Conflict

Human life often occurs conflicts that cannot be avoided and difficult to resolve. Humanity is given reason and mind in order to solve a conflict seems small so there are many conflicts between individual's and group, even though the conflict seems small so there are many conflicts which difficult to solve properly. Small conflicts are exaggerated and major conflicts are not dealt with quickly, they are often encountered deep the real life of humankind to the present.

The conflict presented by an author is not spared from the reality of sustainability is part of human life. As social beings who live assisted, assisted arise the existence of a conflict. The emergence of a conflict can be triggered by a variety of motives. Wrong one motive that represents a conflict in humans as a form socially delivered by Ratna (2011: 342), then humans will quickly The ease of achieving success so the resolution of a conflict. In literature, there are two kinds of conflict: external and internal conflict.

External Conflict

External conflicts are conflicts that occur due to influence from outside parties, both in the family environment, community environment, and the education. Thus the environment has a very big influence in shaping the personality of a child, both in the family, community and in the school environment. for example Traumatic events in the past, such as bullying, can cause psychological stress on a person and this stress often causes disorders such as mood disorders (such as depression), anxiety disorders, and others.

Anyone can feel anxiety and this emotional outflow is a normal condition. However, if anxiety arises for no apparent reason, is excessive, or is out of control, then you might have an anxiety disorder. Anxiety disorder sufferers will experience symptoms of palpitations, difficulty breathing, chest pain, cold sweat, nausea, vomiting, stomach aches, tingling, difficulty sleeping, unable to concentrate, headaches, dizziness, and others.

Internal Conflict

Internal conflict is a necessity. All humans must experience conflict. Conflict that is personal in nature, known as internal conflict. Apart from not causing friction with other humans, internal conflicts are relatively easier to resolve. Internal conflict is individual. There are some psychological conflicts that related to our study such: trauma, anxiety and depression.

Trauma

Psychological trauma is a psychological condition or situation of someone who is injured due to severe events that he has experienced. This psychological trauma will arise if someone does not have mental endurance in dealing with events or events that they experienced. As for the forms of symptoms of a person experiencing psychological trauma : (1) experiencing bad and terrible events, (2) difficult to sleep and easily awakened, (3) nightmares about horrible things, (4) like experiencing a bad and terrible events, (5) avoiding places, people, situations and things that remind of bad and terrible events, (6) easy to be surprised, (7) easy to be offended and angry, (8) often remembering bad or terrible experiences or events, (9) don't feel any emotions, (10) feeling uninspired and having no future. For example : Children who live in families who experience domestic violence have a high risk of being neglected, victims of abuse directly, and also the risk of losing parents who act as their role models.

Anxiety

Anxiety, worry, panic, fear, anxiety are common psychological symptoms and can be felt by every individual. Anxiety reactions are usually common in adults, but children can also deal with anxiety, such as being temporarily abounded by parents, the first day of school or when they want to take an exam. In the case of parents, anxiety reactions often occur when they face pressure (stress) with the difficulties that cannot be overcome, such as work pressure, pressure at school/college, pressure on love problems or pressure health problems. Anxiety reaction that is too excessive and persists continuously for a long period of time can turn into a disorder, namely anxiety disorder (anxiety disorder).

Some types of anxiety disorder are: 1. Phobia criteria such as rejection based on fear of objects or situations that are actually not dangerous and suffers admit that fear has no basis, such as animal source, heights, closed places, blood. 2. Agoraphobia a group of fears centered on public places, fear of shopping, fear of crowd, fear of friendship and many ask for help. 3. Social Phobia social anxiety is irrational because of other people. 4. Panic Disorder signs of sudden shortness of breath, hard heartbeat, chest pain, feeling suffocated, dizzy, sweaty, shaking, fear of terror, fear of punishment, feeling outside the body, feeling the world is not real, fear of losing control, fear of going crazy and fear of death. And etc.

Depression

Depressive disorder is a disease that involves the body, mood and mind. Characteristic of this disorder is a feeling of sadness and uselessness that is sedentary. Depressive disorders interfere with daily life, the ability to function normally, and cause pain to both sufferers and those closest to them. This disorder is not the same as the mood that comes and goes in a short time. This disorder is also not proof that someone has a weak soul. Because depression is not present due to personal desires or can be overcome with mere determination. Patients cannot “stand up alone” and heal just like that. If left untreated, the symptoms can last for weeks, months, years.

Types of Personality

According Jung’s Typology in Alwisol (2004: 59) spiritual function is a form of spiritual activity. By basing on these two basic components of consciousness, Jung arrives at four types of extraversion and four more introversion. In making hostages about these types, the natural life of the unconscious is also peeled, which for him is a reality that is as important as the life of the conscious nature. The life of the unconscious is contrary to the life of the conscious, so that people whose consciousness is a type of thinker, then the unconscious is a sensation, people whose awareness of extraversion of their unconscious is introversion, and so on.

Human of Extrovert Type

Extroverts usually have an open and sociable personality, and have a high concern for what is happening around them. While introverts, gain passion (energy) by being alone or doing me time. Introverts usually tend to be quiet (not very talkative), like to contemplate, and more concerned with their thoughts in their own world.

Among the introvert and extrovert extreme tendencies, there is an ambivert which is an intermediate personality between the ambivert and the introvert. Although there are contrasts between extroverts and introverts, Carl Jung considers that there are rarely humans who are completely extroverted side in their personalities. However, one side will appear more dominant

in the person's character. Those who have extroverted personalities are more dominated by pleasant traits, conditions or habits.

Human of Introvert Type

Introverts are personality traits characterized by a tendency to look more into themselves, so introverts are more focused on what is in their minds, on their feelings, and moods, rather than on other things outside themselves (like a person the extrovert). Introverts are not people who don't want to socialize with other people, as long as the environment and he feels quite comfortable with the people in the environment.

However, introverts feel they release a lot of energy when socializing with many people. In contrast to extroverts who actually get energy when interacting and socializing with many peoples. Because it consumes a lot of energy when in a crowded environment (many people), introverts sometimes need their own time to recover their energy. Jung in Boeree (2006:133) offered four kinds so way or functions. Namely; thinking, feeling, sensing and intuiting.

Multiple Personality Disorder

According DSM-5 Diagnostic and Statistical Manual Disorder, American Psychiatric Association (David J. Kuffer, M.D., 2013:291), Dissociative disorders are characterized by a disruption of and/or discontinuity in the normal integration of consciousness, memory, identity, emotion, perception, body representation, motor control, and behavior. Dissociative symptoms can potentially disrupt every area of psychological functioning.

Dissociative identity disorder (formerly known as multiple personality disorder) is a mental disorder caused by severe trauma in childhood. Individuals usually experience quite extreme traumatic experiences and occur repeatedly which results in the formation of two or more different personalities. Each personality with its own memories, beliefs, behavior, mindset, and how to see the environment and themselves.

Causes of Multiple Personality

Multiple personality disorder is often equated with schizophrenia, even though the two disorders are far different. Schizophrenia is a mental disorders in which one of the main symptoms is often hallucinating, which is seeing or hearing things that are not real. People with schizophrenia do not experience multiple personalities. Other causes of multiple personality disorder are :

- 1) Often be somewhere, but do not remember the reason he was in that place.
- 2) Having memory lapses. Patients often forget important dates in their lives, such as the date of birth, date of birth of children, or the date of forgetfulness is considered far more severe than normal forgetfulness.
- 3) Meeting a stranger who claims to have met someone as someone else.
- 4) Hear strange sounds in the head.
- 5) Individuals who can see the lives of other individuals, like people who are watching the lives of others.
- 6) Called by someone else with a different name.
- 7) Therapy to be undertaken by sufferers will focus on making sufferers comfortable dealing with others and preventing sufferers from doing dangerous things.

A person who has multiple personalities not only hurts himself, but also without realizing it, he can hurt another people around him. This possibility can occur when he thinks people around him also will try to hurt him, so that personality changes. This is what causes a multiple personality difficult to maintain good relations with others. It is important to realize that someone who has multiple personalities not only needs someone who can understand it.

Characterization

Haake and Gulz define characters in the context of design, that is related to the presentation/ appearance and visual impression. Physical appearance one forms expectations of other values in character (Hanna, 2013:4). From this theory can be understood that the visual presentation of the character acts as the specific characteristic it represents its values, identity, motivation and character. (Asch in Hanna, 2013: 4) is the achievement of character pursued by design. From these two theories it can be understood that the specific characteristics of individuals can be represented by personal appearance, how the face type, body shape, hair color and what to wear (attributes outfit) until the presentation visually transmits quality and values, and move the response in the form of sympathy or a certain impression from the audience / subject he saw.

METHOD

The method of research used is qualitative method. Qualitative descriptive method is used to described and interpret written data in the form of psychological conflicts found of story that manifested in monologue and dialogue figures from ‘*Split*’ Movie as data sources. In this method is to describe the facts which are then followed by analysis. Facts found from the subject it had been described based on the focus of the research. The source of data is taken from the story units found in ‘*Split*’ Movie that related to the forms and causes of Multiple Disorder. The theory used for answering the research problems is *Diagnostic and Statistical Manual of Mental Disorders* Edition 5th 2013. The technique for analyzing the data had been done by the following steps are as follows:

1. Data reduction is the activity of selecting research data in the form of quotations in SPLIT Movie that have been determined in accordance with the research problem, namely selecting data relating to Multiple Personality Disorder which includes aspects of the form Multiple Personality Disorder.
2. Presentation of data is grouping data on SPLIT Movie which have been reduced in the data grid.
3. Verification of this research data is to draw meanings or conclusions from data that have been grouped and displayed regarding Multiple Personality Disorder in aspects of forms of Multiple Personality Disorder.

RESULT AND DISCUSSION

In this part, the researchers would like to show the findings of the research that in the story ‘*Split*’ Movie, there is not found a single sentence in the script or scenes in the movie that tell the main character has a conflict of personality changes originating from outside. However, the main character always causes conflict with others. The findings of this study types of personality’s conflict found in the movie is an internal conflict by the number of occurrence were divided into 3 parts namely; trauma, anxiety, and depression, and in this research is not found external conflict.

This research aims to analysis personality’s conflicts based on Multiple Personality Disorder theory which come from *Diagnostic and Statistical Manual of Mental Disorders* Edition 5th 2013. In addition, the researchers would use qualitative method to analyze the psychological conflicts occurred in SPIT Movie from the main character. After collecting and analyzing the data, it had shown internal conflict. It means Inner conflict means personal conflict caused by the existence of two or more conflicting desires or ideas and controlling an individual’s self, there by affecting his attitudes, behavior, actions and decisions. This inner conflict generally engulfs everyone in his life. In reality, not all people are able to overcome the inner conflicts that occur in themselves, so they need the help of others who are more understanding, and in the findings of research only one type of conflict is called internal conflict.

This research had been found psychological conflict is internal conflict namely trauma. Psychological trauma usually afflicts someone who has experienced a very sad, frightening, or life threatening event. Psychological trauma can sometimes heal by itself over time. But if not, here are some ways to overcome trauma so that life can move on. A person who experiences a traumatic event usually feels prolonged shock, fear, sadness and anxiety..

Anxiety is feeling like an uneasy heart and thinking something that is very important to us and make ourselves uncomfortable and feel anxiety. The anxiety can only be known from the attitude, the face of someone who seems to show concern, and his movements. Anxiety found in that script of the story. It can be seen that anxiety is felt by the lead character from Kevin's multiple personality that seen, Barry.

Depression is a mental health disorder characterized by a mood that constantly feels depressed or loses interest in activities, resulting in a decrease in the quality of daily life. it can be seen that depression is felt by the lead character who replaced leader Barry from the last Kevin's multiple personality is Beast.

Based on the types of the personalities Found in '*Split*' Movie are human of extrovert and human of introvert type. Humans with extroverted personality have more to do with the world outside of humans. So humans who have extrovert nature are more likely to open themselves to outside life. They are people who are more active and think less. They are also people who prefer to be in a crowd or condition where there are many people, rather than in a quiet place. The character who has extrovert type in this movie is Barry. The following is data evidence that proves Barry is an extrovert figure. it can be seen that Barry is a character with an extrovert personality type. All of the above data are all statements from Dr. Fletcher is a doctor who handles cases of illness experienced by Kevin Wendell Crumb, and human of introvert type is a human personality that is more related to the world in the human mind itself. So humans who have the nature of introverts are more likely to close themselves from outside life. They are people who think more and have less activity. They are also people who prefer to be in quiet or calm conditions, than in a place that is too many people. Introverted thinking type has diametric side as follows : very logical, but if stuck instead depends on the x factor, it manages greatly but is timid to get out of its zone, behind its independence this type keeps secrets and 'masking', actually it is aggressive but also wants to 'served up'. The character that is the type of thinking introvert is Dennis.

Introverted feeling is a type of personality based on emotional intelligence or feelings whose work processes are driven from within to outside of them. FI's personality is unique because it has emotional abilities that exceed eight other types of personalities. These advantages can be matched with emotional intelligence or called EQ (Emotional Quotient). A character who has an introverted type of feeling is Patricia. The personality of the type of introverted sensing and intuiting must have unique behavioral characteristics that can be proven and measured differently from the other twenty three personalities. Suitable character has introverted sensing and intuiting are Beast, Hedwig and the owner of the body himself, Kevin Wendell Crumb. Human of Introvert Types which are divided into 4 parts namely Thinking, Feeling, sensing, and Intuiting.

CONCLUSION

After the data be analyzed by using Multiple Personality Disorder of characterization in *Split* movie, the conclusions are drawn that in the story *Split* movie has showed that psychological conflict occurred only one type is called internal conflict which divided into 3 parts namely; trauma, anxiety, and depression, and in this research is not found external conflict, while in the reality, human being commonly has internal conflict and external conflict in his life and psychological conflicts sometime is very difficult to be solved, and based on personality types found human of

extrovert and human of introvert type. The person who is character personality as introvert type has character such as; thinking, feeling, sensing and intuiting.

As teacher is very important to identify the learners' personality type as well as the lecturers when they teach in the classroom because by knowing the students' personality type the teachers know what teaching strategy should be applied to the students during teaching learning process. As the tips and advice to succeed in college based on the personality type, it can help the students leverage their strengths, and improve on their weakness, in order to be successful in college and beyond.

Through watching English movie that focused about personality types, it can showed any effect to the extrovert and introvert learners, especially in using language skills, such as; speaking skills, moreover, the students' with different personality type did not have different ability in speaking after watching English movie. The results of this research are useful to the many peoples, especially for students are expected to learn about human beings characters, psychological conflicts in their life, problems, and also can learn or understand about literary from different sides, especially from the psychological aspects. As well as teachers or lecturers as the adding references and knowledge in terms of human psychoanalysis.

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